



To Study the Efficacy of Baryta Carbonica with Consideration of Baryta Group Homoeopathic Medicines

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ABSTRACT

INTRODUCTION: Homoeopathic Materia Medica (HMM) is the soul of Homoeopathy. Study of HMM comprises study of different medicines prepared from various sources. Baryta group is one of the major contributory source in HMM. HMM though an organized mass of symptoms, can never be understood rationally if our approach is restricted to symptom level. This applies same to Baryta group which become the part of our HMM, as they are vastly represented through individual drug, like Baryta Carbonica, Baryta Muriatica, Baryta Acetica, Baryta Iodata etc. So to study such inorganic Materia Medica rationally, the group study approach serves the best method. This article is short effort to show the advantage of studying a group with special emphasis on single drug. **OBJECTIVE:** To study the utility of group consideration in remedy selection. **METHODOLOGY-** Randomly 30 cases were selected who visited the college OPD, hospital OPD and IPD during the period 2011-2013. Detail case taking was done. The main parameters were mental symptoms with physical generals. Repertorisation was done and remedy was selected. Potency and repetition was based on Law of Homoeopathic Posology. The result was assessed strictly according to Homoeopathic Principles. **RESULT-** Out of total sample 73.33% cases were recovered, 16.67% cases were improved, 10% cases were not improved. **CONCLUSION:** This study shows that out of baryta group of remedies Baryta Carbonica had been proved and verified again and again in regards to its clinical efficacy especially in cases such as Tonsillitis, URTIs, Diffuse alopecia, Gastro-enteritis, Auricular infections, A.P.D, Hypertension, Intestinal Motility Disorder, U.T.I, and Hemorrhoids

KEYWORDS: Baryta group of Homoeopathic Medicines, Baryta Carbonica.

INTRODUCTION:

Baryta group is also known as Barium group. Barium is found in group IIA of periodic table, in which Magnesium and Calcium group are also present. The main theme of the IIA is seeking of security and protection. The group IIA elements also have the theme of stunted growth. The same theme of stunted growth is in Baryta group. Baryta is well-known for Developmental defects- Dwarfism, Mental Retardation, Retarded Physical growth.^[1]

HISTORY OF ELEMENT BARYTA:

Sir Humphry Davy at the Royal Institution in London discovered **Barium** by the electrolysis of barium hydroxide at 1808 in England.^[2] Barium is a soft metallic alkaline earth element belonging to group IIA in periodic table.

A BRIEF OUTLINE OF THE BARYTAS

A person of Baryta group is short in stature or who has not grown to his or her normal height. The shortness of Barytas characterized by short and bulky with rounded contours of face, thick and short neck, thick lips, often with improper proportion of parts of body. Hands, feet, fingers and toes may be short and thick. Baryta person may be overgrown disproportionate individual. Baryta peoples are those who bald elderly. The face of Baryta has prominent bones of jaw.

Baryta persons have no confidence in themselves. They always look down bashfully and are timid. This timidity is so much exaggerated in Barytas that they do not want to show their face. Baryta child may have the habit of hiding his face with both of his hands or may hide behind furniture. They show insecurity by shyness. Their behavior is silly and childish. They are mentally retarded and too much sensitive to criticism.^[3]

CHARACTERISTICS MENTAL GENERALS-

Feeling of incapacity- having enormous lack of self-confidence. Do not take up any responsibility as they feel that they will not be able to do it properly. They feel that they are only capable of very small and useless even when they try their hardest.^[4]

Criticism- very sensitive to criticism. They feel that they are worth nothing and feel that they will be laughed at or ridiculed. They get disturbed, to great extent by it.^[1]

Shyness-Barytas are Bashful and timid. Fear of strangers is very well marked. Most of times, Baryta group have insecurity shows by shyness. They always experience the state of quality of being unsafe or liable to any injury, failure or loss.^[1]

Fear of strangers- Barytas afraid of strangers and large group of people.^[1]

Hiding- For being laughed at, they hide themselves behind furniture, or hide their face with both of his hands. They start to avoid company, especially the company of strangers. When they are still a child they will hide behind the furniture. Their own family may be all right, but even the company of grandparents might be too threatening for them. But older Baryta person will quickly go to his own room.^[1]

Behavior- Their behavior is silly and childish. They are idiots can't do anything properly. They are incapable of learning. Slowness of everything, slow in development, slows in mental growth. They are inattentive with weak memory.^[1]

CHARACTERISTIC PHYSICAL GENERALS

All Barytas are best indicated in almost all organic lesions of both extremes of life. Old Baryta people look weak and fatty but childish and silly in behavior. In infancy, Baryta group of remedies produces degenerative changes causing inflammation and hypertrophy. In infancy, more affection of lymphatic system and glandular system are found. Barytas are dwarfish in appearance with typical picture of cretinism. Baryta child has short stature, swollen abdomen, and puffy face and enlarged glands. In general, tendency of swelling induration and enlargement of glands such as cervical and inguinal, cancer of glands. Swollen and inflamed tonsils, quinsy, Suppurative tonsils. Barytas are weak, malnourished people and are emaciated. Almost all Barytas are slow and deep acting remedies with scrofulous tendency. All Barytas show weakness and pressing pains which are characteristics. Complaints ameliorates by walking in open air and when alone. Desire - for sweets. Aversion- for food in general, fruits.^[3]

Relationships - All Barytas are closely related with calcarea and stronger version of calcium.

SOME IMPORTANT REMEDIES OF BARYTA GROUP-

Baryta Acetica, Baryta Carbonica, Baryta Iodata, Baryta Muriatica, Baryta Sulphurica, Baryta Arsenicosa, Baryta Phosphorica etc.

BARYTA CARBONICA

Barium carbonate was brought to Homoeopathic literature as invaluable remedy Baryta Carbonica by Dr. Hahnemann

Physical make up - Persons who are generally dwarfish mentally as well as physically. They are short and bulky with rounded contours of the face. They may have a thick and short neck, thick lips, often with improper proportion of parts of the body. Hands, feet, fingers, and toes may be thick.

Diathesis – Scrofulous and Tubercular

Thermals – Very chilly patient

Miasmatic Background – Psora

Temperament –Melancholic

Ailments from – suppressed perspiration of foot, suppressed emotions, crusts and vermin on scalp etc

MIND OF BARYTA CARBONICA

Delayed mental development. Slow comprehension. Indecisive and dependent on others. Passive and easily influenced. Timidity, bashfulness, extreme shyness. Feelings of vulnerability and insecurity. Lack of self-confidence with feelings of inferiority. Hiding behind furniture or mother, especially from strangers. Nervous nail-biting. Imagine they are watched, talked about, or laughed at. Anxiety disorders with strong need for reassurance. Childlike senility and anxiety in the elderly. Thinking about problems worsens symptoms. Dwarfishness of the mind is predominant mental symptom. Baryta Carbonica is mentally retarded, foolish, shy, timid, idiotic personalities. Loss of memory, Senile dementia. Great forgetfulness, does not know what he has just spoken. Great mental and bodily weakness. Extraordinary forgetfulness. He has Lack of self-confidence. Excessively busy, without any aim. Irresolute, constantly changing his mind. Childishness in old people. Playing with dolls and saying foolish things. Childish manner of doing things, and childish grief over trifle. Thoughtless behavior. Mental weakness in old people. Fear of something going to happen. Enormous lack of self confidence.^[5]

MODALITIES - Worse from – Thinking of complaints, in company, from washing affected part, lying on painful side, when sitting, after menses, after meals, lying on the left side, in cold and damp weather, in morning.

Better from – Walking in open air, warm wraps.

AIM AND OBJECTIVES

AIM - To study the efficacy of Baryta Carbonica.

OBJECTIVES-To study the utility of group consideration in remedy selection. To study the mental and physical generals along with constitution of Baryta group with its miasmatic background.

MATERIALS AND METHOD

Source of data –

The study was conducted during period 2011- 2013 on the patients who were registered in Central and Peripheral OPD, IPD of Panchasheel Homoeopathic Medical College; Hospital and PG institute Khamgaon.

Study design- Experimental non-cotrolled.

Case selection and sampling procedure- Cases had been selected by random sampling method. 30 well diagnosed cases confirmed on the basis of clinical history were randomly selected.

Inclusive criteria-Patients of either sex had been taken for the study.

Cases without complications were taken for study.

Exclusive criteria-Patients having any irreversible, well-developed pathology and systemic disease were excluded for study.

Data collection-All cases were recorded and processed on the standardized case record sheets.

Case definition - Cases with irrespective of age and sex were taken. Detail case history was taken.

Case taking and processing - Case taking was done on the basis of Homoeopathic principles. Totality of the symptoms had been done as per Homoeopathic principles along with Miasmatic analysis.

Selection of remedy - Detail case taking was done. The main parameters are mental symptoms with physical generals- Appetite, Thirst, Sleep/ Dreams, Desire and Aversions. Repertorisation was done and remedy was selected. Potency and repetition was based on law of Homoeopathic posology mentioned by Dr. Hahnemann in 6th edition of Organon of Medicine.

Criterion of assessment - The result was assessed strictly according to follow up of case guided by Homoeopathic principles. All the cases were reviewed. Cases were followed and the progress was recorded. The following parameters were fixed according to the type of response obtained after treatment:

Improved - Disappearance or reduced in symptoms and improvement of physical disease and feeling of mental and physical well-being, for less than 3 to 4 months.

Recovered - feeling of mental well-being with disappearance of symptoms and improvement of physical disease caused due to disorder, for more than 2 to 3 months.

Not improved - Relapse of symptoms even after sufficient period of treatment, or patient discontinued the treatment.

OBSERVATION AND ANALYSIS

Table 1. Incidence as per age

Age group in yrs	No. of cases	Percentage
0-20 years	10	33.34%
21-40 years	14	46.66%
41-60 years	6	20%

Figure 1. Incidence as per sex

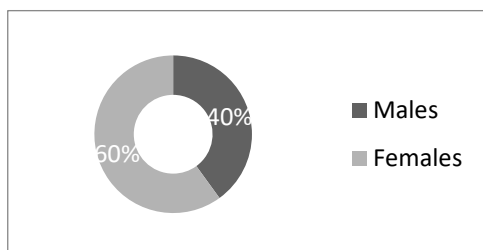


Figure 2. Incidence as per nature of disease

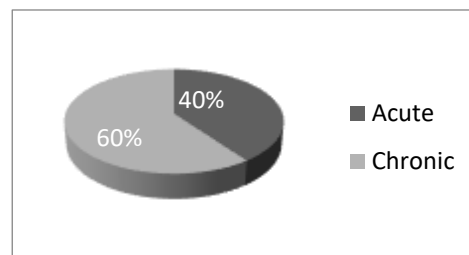
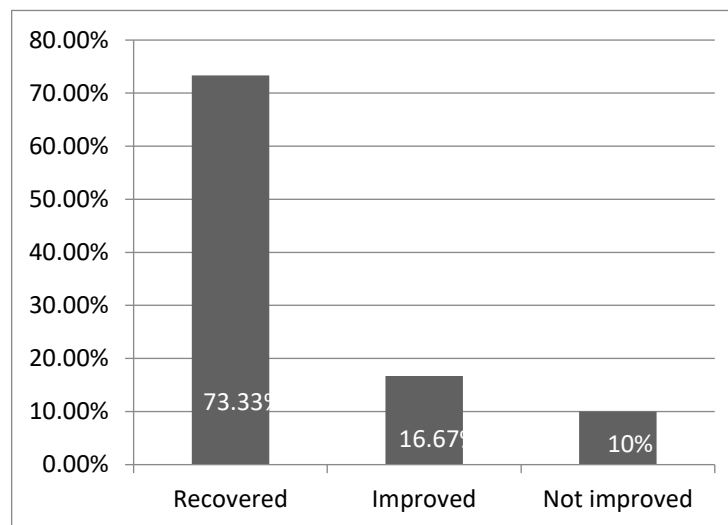


Table 2. Incidence as per disease diagnosis

Disease diagnosis	No. of cases	Percentage
Allergic rhinitis	1	3.3%
Intestinal motility disorder	4	13.3%
Diffuse alopecia	2	6.7%
Gastro-enteritis	2	6.7%
Haemorrhoids	2	6.7%
Acute otitis media	1	3.3%
Urinary Tract Infection	1	3.3%
Hypertension	3	10%
Acid Peptic Disease	2	6.7%
Auricular infection	1	3.3%
Upper Resp Tract Disease	7	23.3%
Tonsillitis	2	6.7%
Common cold	1	3.3%
Viral fever	1	3.3%
Total cases	30	100%

Figure 3. Table showing distribution of cases according to miasm

Miasm	Psora	Psora-Sycosis	Psora-Sycosis-Syphilis
No. of cases	12	16	2
percentage	40%	53.33 %	06.67%

Figure 4. Graphical representation of Result

DISCUSSION:

Out of 30 cases taken for study, 12 were male and 18 were females. Bary. Carb. is equally effective in both males and females. While 18 were of chronic in nature, that is 60 % and 12 were acute cases that is 40%. The study shows that age group which is more prone to have Bary. Carbonica is 21-40 years and next 0-20 years. The study shows that the maximum cases had Psoro-sycotic miasm. It counted to be 53.333 % of total cases.

RESULT:

Study results showed that 22 cases that means 73.33% cases were recovered by Bary. Carbonica, 5 cases that means 16.66% were improved while 3 cases i.e 10% cases could not show any specific relief. Potencies used frequently are 30, 200 and 1M. By seeing various cases of different diseases, we can proudly state that Baryta Carb. covers many clinical conditions. Baryta Carbonica empowers the vital force in regulating the growth and development of body as well as mind and enhances general vitality and resistance as well as firmness of the physical structure. Barytas are mainly dwarfish mentally as well as physically. Other characteristic symptoms include – want of confidence, timidity, fearful, silly and childish behavior. They are mentally retarded and too much sensitive to criticism.

CONCLUSION:

While studying Baryta carbonica in detail, it was noted that the remedy had been proved extensively and verified again and again in regards to its clinical efficacy especially in cases of Tonsillitis, Upper Respiratory Tract Infections, Diffuse alopecia, Gastro-enteritis, Auricular infections, Acid Peptic Disease, Hypertension, Intestinal Motility Disorder, Urinary Tract Infection, and Hemorrhoids.

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